

Useful dressing cheat sheet

FOR TABLE	FOR CLEANING	FOR DRESSING
Hand gel	Chux	Primary dressing:
Scissors	Wound cleanser/dressing kit	Gauze x
Alcohol wipes	Cotton swabs x	ABD pad x
Gloves	Gauze x	Tape type:
Face protection	Measuring device	Bandage (wrap) Stockinette
	Skin prep	
<p>Wash hands, then use hand gel before and after every glove change. * indicates decontaminate hands, G indicates gloves on/off. Protect eyes when irrigating. Sterile gloves if touching wound or using moist gauze in wound.</p>		
<p>To prep: Check order and double check IDs.</p> <p>Provide pain relief.</p> <p>Client should be in good position with bed right height and protected.</p> <p>Clear and clean a space. Part of bedside table is okay for unopened supplies, hand gel and tape.</p> <p>Prep and open supplies for cleaning. Place trash close by.*</p>	<p>To clean: *G Remove and evaluate dressing. Discard with G*</p> <p>*G Irrigate with wound cleanser or * sterile G and clean with moist gauze.</p> <p>Probe to base with cotton swab.</p> <p>Clean and dry periwound.</p> <p>Measure wound.</p> <p>Apply skin prep, let it dry.</p> <p>Tuck back chux G*.</p>	<p>To dress: *G Wipe tube nozzle with alcohol pad and squeeze out onto sterile non porous surface. Open primary dressing.</p> <p>*G Apply primary dressing.</p> <p>Secure fully (no picture framing except for wet to dry).</p> <p>Discard trash. Heavily blood soaked items VAC canisters into red bag. G*</p> <p>Document assessment.</p>