

# SPRING WOUND CON<sup>®</sup>

## VIRTUAL WOUND CARE EVENTS

————— MARCH 12, 2021

8:00AM – 6:45PM EST | 1:00PM – 11:45PM GMT  
12:00AM – 10:45AM AEDT (MARCH 13)



# CONFERENCE PLANNING GUIDE

Agenda • Session Abstracts • Accreditation Information • Employer Letter Template

## Calling all wound care professionals:

With a busy day-to-day schedule, it can be difficult to take time off from work to attend a multi-day conference; the expense of registration fees, and travel and accommodation fees if it is destination based, can make attendance even more difficult. That is why *WoundSource*, the world's definitive source of wound care production information, is offering WoundCon, a **free**, online virtual wound care conference and expo that brings the latest wound care education direct to your computer, tablet, or phone.

WoundCon Spring is a one-day conference scheduled for March 12, 2021, from 8:00AM to 6:45PM EST (New York) and is free to all licensed health care professionals. Attendees can join for a single CME session or stay for the entire day and participate in a day of education and activities. You can also access WoundCon on-demand through March 26, 2021, to view any sessions you missed during the live conference.

Still not sure WoundCon is the right conference for you? Here are a few of the benefits of attending WoundCon:

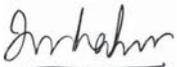
- Free registration for licensed health care professionals
- Up to 13.75\* hours of CE/CME
- 14 dynamic CME webinar sessions from the top educators in wound care on the latest topics such as:
  - o The impact of adverse childhood events on wound healing
  - o Atypical wounds
  - o 3D printing in wound management
  - o Soft tissue necrotizing infections
  - o Diabetic foot ulcer treatment using hyperbaric oxygen therapy
- Networking opportunities
- Interactive features including an online exhibit hall and knowledge-based games and activities with prizes

We know your time is valuable—but so is staying up to date on wound care best practices. On behalf of the entire WoundCon team, we hope you'll take the time to register and learn about the advances in wound care today so you can apply it to your practice tomorrow.

Sincerely,



Catherine T. Milne, APRN, MSN, ANP/ACNS-BC, CWOCN-AP



Jayesh Shah, MD, MHA

Co-chairs of WoundCon

**\*Up to 4.75 CE/CME credits available through participation in the live event and up to 13.75 CE/CME credit available through participation in on-demand access. Go to [www.WoundCon.com](http://www.WoundCon.com) for accreditation information.**

**Register Now**  
[www.woundcon.com](http://www.woundcon.com)

## Agenda

**8:00AM – 8:45AM EST**    **Opening Keynote: The Impact of Adverse Childhood Events on Wound Healing**  
Janice M. Beitz, PhD, RN, CS, CNOR, CWOCN-AP  
Rebecca Bryan, DNP, AGPCNP, APN

**9:00AM – 10:00AM EST**    **Atypical Wounds: Malignant Wounds**  
Richard Simman, MD, FACS, FACCWS

**Nutrition and Wound Healing: The Top Questions Health Care Providers Ask**  
Nancy Collins, PhD, RDN, LD, NWCC

**Wound Dressing Selection: Choosing the Best Options**  
Catherine Milne, APRN, MSN, ANP/ACNS-BC, CWOCN-AP  
Dianne Rudolph, DNP, GNP-BC, CWOCN

**10:00AM – 12:00PM EST**    **EXHIBIT HALL OPEN**

**12:00PM – 1:00PM EST**    **3D Printing in Wound Management**  
Abraham Joy, PhD  
Anjay Khandelwal, MD, FACS, FICS

**10 Wound Care Telemedicine Skills That Can Help a Telemedicine Visit**  
Tiffany Hamm, BSN, RN, ACHRN, CWS

**Which Offloading Device Is Right for This Patient?**  
Robert Cyr, DPM, CWSP

**Burn Care for the Non-Burn Specialist**  
Maria Goddard, MD, CWS, FAPWCA

**1:00PM – 2:30PM EST**    **EXHIBIT HALL OPEN**

**2:30PM – 3:30PM EST**    **Diabetic Foot Ulcer Management: An Update on the Evidence**  
John Steinberg, DPM, FACFAS

**Physical Therapy Modalities in Wound Care**  
Rose Hamm, PT, DPT, CWS, FACCWS

**Improving Wound Outcomes Without Antibiotics: Evidence from a Randomized Controlled Trial**  
David Russell, MD, FRCS(Ed)

**4:00PM – 5:30PM EST      EXHIBIT HALL OPEN**

**5:30PM – 6:30PM EST      Diabetic Foot Ulcer Treatment Using Hyperbaric Oxygen Therapy:  
An Intervention for Improving Outcomes**

Jayesh Shah, MD, MHA

**Understanding Soft Tissue Necrotizing Infections: From Epidermis to Fascia**

Luis G. Fernández, MD, KHS, KCOEG, FACS, FASAS, FCCP, FCC

**Diabetic Wounds with Osteomyelitis: Can I Treat with Oral Antibiotics?**

Barbara Aung, DPM, DABPM, CWS, CPMA, CSFAC

**6:30PM – 6:45PM EST      Closing Remarks**

## Session Abstracts

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**8:00AM – 8:45AM EST**

### **Opening Keynote: The Impact of Adverse Childhood Events on Wound Healing**

Janice M. Beitz, PhD, RN, CS, CNOR, CWOCN-AP  
Rebecca Bryan, DNP, AGPCNP, APN

**0.75 CME Credits | 0.75 Contact Hours**

It has been proven that health risk factors are generated by adverse childhood experiences (ACEs), which biologically alter brain development and influence epigenetic mechanisms, including wound healing. Participants in this session will be able to explain ACE causative factors related to wound chronicity and impaired healing, identify patients at higher risk of ACE-related wound development and wound healing disruption, describe chronic conditions and leading causes of death related to ACEs, and evaluate short- and long-term negative physical and mental health conditions affecting populations.

**9:00AM – 10:00AM EST**

### **Atypical Wounds: Malignant Wounds**

Richard Simman, MD, FACS, FACCWS

**1.00 CME Credits | 1.00 Contact Hours**

Malignant wounds, such as tumor necrosis, fungating wounds, and ulcerating cancerous wounds, pose an emotional and physical challenge for patients and caregivers and can be difficult to manage because of their location, odor, high exudate, and bleeding. Participants in this session will be able to describe strategies and goals of care in management of malignant wounds, identify malignant wounds by clinical findings and common characteristics, evaluate appropriateness of treatment modalities, apply practical knowledge in care pathways for malignant wounds, and implement education to patients, family, caregivers, and nursing staff related to emotional and physical challenges.

### **Nutrition and Wound Healing: The Top Questions Health Care Providers Ask**

Nancy Collins, PhD, RDN, LD, NWCC

**1.00 CME Credits | 1.00 Contact Hours**

Clinicians should recognize nutrition and hydration as top priorities in encouraging wound healing. Nutritional status should be evaluated and addressed early in treatment in order to prevent potential complications. Poor nutrition influences all stages of wound healing but may particularly prolong the inflammatory phase of wound healing, causing the healing process to stall. Nutrition as a science is rapidly evolving, and the nutrition of 10 years ago is not the nutrition of today.

## Session Abstracts (cont'd)

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### **Wound Dressing Selection: Choosing the Best Options**

Catherine Milne, APRN, MSN, ANP/ACNS-BC, CWOCN-AP  
Dianne Rudolph, DNP, GNP-BC, CWOCN

#### **1.00 CME Credits | 1.00 Contact Hours**

Wound dressing selection can be challenging for clinicians because of many categories and technologies, but appropriate dressings help decrease healing times, provide cost-effective care, and improve quality of life. Participants in this session will be able to describe these challenges in dressing selection, list various dressing categories and their indications based on the TIME framework for wound bed preparation, explain which dressing is appropriate for various wound environments, and evaluate differences in dressing technologies when choosing a dressing.

**12:00PM – 1:00PM EST**

### **3D Printing in Wound Management**

Abraham Joy, PhD  
Anjay Khandelwal, MD, FACS, FICS

#### **1.00 CME Credits | 1.00 Contact Hours**

Recent studies have found that 3D printed wound dressings can be highly effective, and these findings can assist in choosing dressing architecture and polymer compositions to achieve positive wound healing outcomes. Participants in this session will be able to describe how 3D printing can be effective in wound healing, define the difference between 3D printed dressings and electrospun dressings, and explain methods used in 3D printing in wound care.

### **10 Wound Care Telemedicine Skills That Can Help a Telemedicine Visit**

Tiffany Hamm, BSN, RN, ACHRN, CWS

#### **1.00 CME Credits | 1.00 Contact Hours**

For patients with chronic wounds who are at home or in isolation during the current pandemic, telemedicine can be used to help monitor, support, and engage the patient or caregivers. Participants in this session will be able to describe how to implement effective telemedicine skills, define the components of telemedicine skills, explain how telemedicine is changing the way health care is performed during the pandemic and after, and identify practical strategies that increase provider and patient comfort levels with communication.

### **Which Offloading Device Is Right for This Patient?**

Robert Cyr, DPM, CWSP

#### **1.00 CME Credits | 1.00 Contact Hours**

Offloading diabetic foot ulcers (DFUs) and other foot wounds is critical to promote healing. Selection of an offloading device must consider the ulcer location and type, foot deformity, patient activity level, ambulatory status, resources available, and patient preferences and tolerance levels. Participants in this session will be able to explain key factors in selecting appropriate offloading devices, identify risk factors for ulcer development in patients with diabetes, describe offloading devices and methods used for DFUs, and discuss challenges in treating and managing patients with DFUs.

## Session Abstracts (cont'd)

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### **Burn Care for the Non-Burn Specialist**

Maria Goddard, MD, CWS, FAPWCA

#### **1.00 CME Credits | 1.00 Contact Hours**

Burns are different from the acute and chronic wounds that clinicians frequently encounter because of the degree of systemic inflammation and the overlapping healing phases in burn injuries. Participants in this session will be able to define the three burn classifications, identify appropriate treatment protocols for each classification, explain topical methods of infection prevention, recognize challenges for wound care specialists caring for burn patients, and describe nutritional needs in burn patients.

**2:30PM – 3:30PM EST**

### **Update in Diabetic Foot Ulcer Management: An Update on the Evidence**

John Steinberg, DPM, FACFAS

#### **1.00 CME Credits | 1.00 Contact Hours**

Diabetic foot ulcers (DFUs) are complex and costly wounds as a result of complications such as infection, amputations, and death. Clinicians should combine evidence-based and common-sense therapies to optimize DFU prevention and reduce recurrent DFUs and hospital stays. Participants in this session will be able to evaluate multidisciplinary team roles and effects on outcome of optimal management in patients with DFUs, describe how therapeutic advances and novel monitoring systems will affect DFU management, and describe key considerations in managing DFUs.

### **Physical Therapy Modalities in Wound Care**

Rose Hamm, PT, DPT, CWS, FACCWS

#### **1.00 CME Credits | 1.00 Contact Hours**

Physical therapy modalities are sometimes used in wound care as adjunctive therapies in combination with standard of care therapies, including wound bed preparation, offloading, and moist wound healing. Participants in this session will be able to define physical therapy modalities used in assisting wounds toward healing, describe how physical therapy modalities can assist in the local wound environment, and explain how a multidisciplinary team approach including a physical therapist can assist in better healing outcomes.

### **Improving Wound Outcomes Without Antibiotics: Evidence from a Randomized Controlled Trial**

David Russell, MD, FRCS(Ed)

#### **1.00 CME Credits | 1.00 Contact Hours**

Chronic wounds diminish patients' quality of life and incur high treatment costs. Early identification of wounds, early implementation of interventions, and selection of appropriate dressings to manage bioburden and promote moist wound healing are essential in improving wound outcomes without the use of antibiotics. Participants in this session will be able to describe underlying disorders that delay healing of chronic wounds, identify clinically effective treatments for improving wound outcomes without antibiotics, and explain factors contributing to the growth of antibiotic resistance.

## Session Abstracts (cont'd)

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**5:30PM – 6:30PM EST**

### **Diabetic Foot Ulcer Treatment Using Hyperbaric Oxygen Therapy: An Intervention for Improving Outcomes**

Jayesh Shah, MD, MHA

**1.00 CME Credits | 1.00 Contact Hours**

Hyperbaric oxygen therapy (HBOT) is indicated in patients with diabetic foot ulcers (DFUs) with no measurable signs of healing after at least 30 days of standard treatment. Participants in this session will be able to assess patients with DFUs for HBOT candidacy, evaluate multidisciplinary team roles and their effects on outcomes in HBOT-treated patients with DFUs, describe how HBOT and DFU management enhance wound healing outcomes, and describe key considerations in managing DFUs.

### **Understanding Soft Tissue Necrotizing Infections: From Epidermis to Fascia**

Luis G. Fernández, MD, KHS, KCOEG, FACS, FASAS, FCCP, FCC

**1.00 CME Credits | 1.00 Contact Hours**

Necrotizing soft tissue infections (NSTIs) are aggressive and require immediate treatment, although they are not always clinically apparent in early stages. Participants in this session will be able to define the layers of the skin structure and how NSTIs progress through each, explain the causative factors in NSTIs, identify clinical factors in NSTIs, and apply multifaceted and multidisciplinary approaches in achieving better outcomes.

### **Diabetic Wound with Osteomyelitis: Can I Treat with Oral Antibiotics?**

Barbara Aung, DPM, DABPM, CWS, CPMA, CSFAC

**1.00 CME Credits | 1.00 Contact Hours**

The most frequent infection related to diabetic foot ulcers (DFUs) is diabetic foot osteomyelitis (DFO), which is difficult to treat and has a high recurrence rate. Participants in this session will be able to describe factors that play an important role in DFU development, identify DFUs at higher risk for infection and DFO, explain when it is appropriate to use oral versus parenteral antibiotics for diabetic foot infections and DFO, and relate identifying and modifying risk factors to avoid recurrence in DFUs leading to DFO.

## Accreditation



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

### WoundCon Spring 2021 Live Accreditation

In support of improving patient care, this activity has been planned and implemented by Ciné-Med and Kestrel Health Information/WoundSource. Ciné-Med is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Ciné-Med designates this live activity for a maximum of 4.75 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity provides 4.75 contact hours for nurses.

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between Ciné-Med and Kestrel Health Information/WoundSource. Ciné-Med is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. Ciné-Med has approved this activity for a maximum of 4.75 continuing education contact hours.

All other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of Certificates of Participation for activities designated for *AMA PRA Category 1 Credits*™, consult your professional licensing board.

### WoundCon Spring 2021 On-Demand Accreditation

In support of improving patient care, this activity has been planned and implemented by Ciné-Med and Kestrel Health Information/WoundSource. Ciné-Med is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Ciné-Med designates this enduring material for a maximum of 13.75 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity provides 13.75 contact hours for nurses.

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between Ciné-Med and Kestrel Health Information/WoundSource. Ciné-Med is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. Ciné-Med has approved this activity for a maximum of 13.75 continuing education contact hours.

All other healthcare professionals will receive a Certificate of Participation. For information on the applicability and acceptance of Certificates of Participation for activities designated for *AMA PRA Category 1 Credits*™, consult your professional licensing board.

### Commercial Support

These activities are being supported in part by education grants from: ConvaTec, Mölnlycke Health Care, Aroa Biosurgery, Essity, Hydrofera, Medela



Dear

I would like to attend WoundCon®, an online virtual wound care conference and expo, on March 12, 2021, from 8:00AM to 6:45PM EST. The conference theme is “Learn today, apply tomorrow” and promises to provide up-to-date education on evidence-based wound care practices. The conference features 14 CME sessions on a variety of wound care-related topics, networking with colleagues, a wound care product exhibition, virtual poster hall, and a number of other educational resources and features.

The WoundCon presentations are facilitated by leading wound educators and are on topics such as nutrition, telemedicine, and diabetic foot ulcer management, which are directly related to issues we have experienced in our facility.

Below is the list of sessions I’m most interested in attending:

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There is no cost for health care providers to register for WoundCon, and because it is a virtual conference, there are also no costs for travel or accommodations. I will require no sponsorship from the facility to attend, only permission to take time off to attend the sessions. The free registration includes full access to the conference, including all presentations, the exhibit hall, and all networking opportunities. I will have the opportunity to earn up to 4.75 CE/CME credit hours if I attend only the live event and up to 13.75 credit hours total if I also attend the on-demand sessions, which will be made available for 14 days after the live event.

Please visit the conference website at [www.woundcon.com](http://www.woundcon.com) for full information on the speakers, topics, and CE/CME credit opportunities.

In summary, taking advantage of the opportunity to attend WoundCon and gain knowledge in the areas listed above would be a wise investment in our organization. This educational experience will expand the evidence base for my practice and allow me to better treat the patients in my care. Please let me know whether you will be able to approve my time off to attend this conference.

Sincerely,